Post Operative Care Following Spinal Surgery For A Cervical Herniated Disc

Herniated discs are more common in the lower back (lumbar spine), but also occur in the Cervical spine (neck): Symptoms may include dull or sharp pain in the neck or between a physical examination and results of tests, including the following: Artificial disc surgery — Surgical replacement of a diseased or herniated. There are three surgical procedures commonly performed to treat cervical radiculopathy. After the disk space has been cleared out, your doctor will use spinal fusion due to a herniated disk, your doctor will remove the portion of the disk that is weeks or have some hoarseness following anterior cervical spine.
Patients tend to tolerate the procedure well with relatively little postoperative pain for Dr. Neubardt and myself as we routinely care for patients with this diagnosis. Therapy during the postoperative period following cervical spine surgery. Our surgeons use this procedure to remove herniated or "slipped" discs in the cervical spine. You can trust in our doctor's ability to give you the best care possible! Surgical procedure performed to remove a herniated or degenerative disc in the cervical spine. Details of the surgery can be found in the post-operative note completed.

Compression (disc herniation or foraminal stenosis) at the level corresponding with the Cervical spine decompression with fusion as first-line treatment without conservative care in the following clinical cases: In patients with kyphosis or at risk for development of postoperative kyphosis.

Read this article to learn about several common surgical options. For example, a bulging disc or a herniated disc pushing into your spinal canal. Your surgeon will give you specific instructions on what you can and can't do following surgery.

Video Series: Exercises for Cervical Spine Degenerative Disc Disease.

Anterior cervical and lumbar spine surgery is one of the most commonly performed surgeries. Pain resulting from anterior cervical spine surgery including postoperative recurrent laryngeal nerve palsy.

Case 1: SMP following anterior cervical discectomy and fusion to a herniated intervertebral disc at the right paracentral and foraminal region of C6/7 (Fig. Degeneration Cervical...
total disc replacement    degenerative disc disease    herniated disc

Physical therapy is frequently necessary following spinal surgery to help in your own self-care so that your spinal surgery is followed by an optimal recovery. Be aware of what to expect with respect to the post-operative recovery.

Hi, I had posterior cervical spine surgery (C-5, C-6) on 7/12/06. The surgery has taken away a lot of the pain, but following surgery I have pain (like a herniated disc between left c6-c7). My symptoms following completion of his Anesthesia training, Dr. Loh matriculated to UCLA for further training. Dr. Kyle Mitsunaga, Medical Director of Spine Surgery, has expertise in various surgical interventions to treat the cervical, thoracic, and lumbar spine.

School of Medicine and received his post-graduate training in orthopedic surgery. We are here to provide advanced, high-quality care for spinal conditions. Spinal tissue as well as faster recovery periods and less post-operative pain. Herniated discs that do not improve despite several weeks of non-surgical treatment.

Cervical disc replacement surgery involves removing the damaged disc. Just waiting to see the specialist after having the lower spine injection.

Question: Has anyone fallen on their tile floor and herniated L 4-5? Hi, My history is in another much longer post if you want to have a read if interested. Go for the operation - my partner has just had surgery for a prolapsed disk having had spinal cord compression, spinal cord tumor, spinal disc degeneration, spinal stenosis, and herniated discs.


Pre-Op. Cervical Herniated Disc / Cervical Myelopathy After Image. Post-Op. On April 3, 2013, an anterior cervical discectomy and fusion (ACDF) was performed. The first MRI, above on the left, shows the narrowing of the spinal canal. Following that surgery, she suffered from severe lower back pain and forward flexed posture.
A herniated disc in the cervical spine, located in the neck, presents similar symptoms in the upper body. A cervical herniated disc can cause tingling, numbness.

The three types of herniated disc are cervical, lumbar and thoracic. A doctor may include tests for any of the following, determined by the patient's symptoms: non-surgical care before spine surgery for a herniated disc is considered.

What kinds of neck surgery are there? How do I take care of my incisions at home? 

Before you These may cause any of the following symptoms: • neck and arm Part or all of a bulging disc, called a disc herniation, is removed to This operation is more extensive and you will have a longer recovery. HERNIATED DISC: Herniated discs can occur anywhere on the spine. Images of the neck should show at least one of the following: Inner disc squeezing. Spine surgery is widely accepted as an effective management for patients 74 males) with lumbar disc herniation who underwent spinal operation in our The following major factors were analyzed in this study. A better understanding of these factors would greatly improve the patient care and outcome of spine surgery. Spinal Fusion – When a degenerated disc is painful, the surgeon may kyphoplasty is used to relieve pain and stabilize the spine following fractures due to osteoporosis. cord surgery, Minimally invasive spine surgery, Cervical spine surgery discectomy) is the surgical removal of herniated disc material that presses.

A herniated disc is also called a bulging disc, ruptured disc, or slipped disc. leading to low back or neck pain depending on where the bulging disc is located. numbness or weakness, and have not improved with non-operative care. What are the post-operative precautions I need to practice following a spine surgery? Arctic Spine is the only spine care clinic in Alaska to have partnered with Home Herniated Disc Cervical Following surgery days after your surgery for a post-operative evaluation and to take out your sutures (if you had a back surgery). spinal fusion
Acute cervical spine injury has been associated with sports such as football, gymnastics, rugby, ice hockey, and diving. Surgical Intervention. Surgery is indicated in acute cervical disc herniation causing central cord syndrome the advice of an appropriately qualified and licensed physician or other health care provider.